# **Media Release**



## Let's make public health in Timiskaming Matter. Get informed, be heard, vote.

#### September 26, 2022- For immediate release

As we prepare for the October municipal elections, everyone in Timiskaming has a role to play in keeping us healthy.

Timiskaming Health Unit encourages all those who are able to vote in their municipal elections, and to consider the issues that will keep their communities strong and vibrant. Decisions made by municipal representatives can affect all of us.

When making decisions, municipal representatives can make health a priority: take into consideration the health of their constituents, and the ways in which the communities support health, consider whether some groups might be affected differently than others and ensure that all we do works for people of all ages and abilities.

"By voting, everyone can make a difference in the health in their community. Supporting municipal representatives to make health a priority will help build communities where people want to live, move to, and stay," says Dr. Glenn Corneil, Acting Medical Officer of Health for Timiskaming.

While encouraging municipalities to consider health in their actions, Timiskaming Health Unit has compiled local information related to 7 key health priorities to help municipal candidates understand these local issues and to help voters to know the issues that affect them. Other public health issues that municipalities can influence are also listed in the municipal election primer. All candidates are being sent information packages highlighting these local issues and ways that elected representatives can affect their community's health. The information will be shared with the broader public as well: each week leading up to the October 24 election, THU will share local data and highlight ways that municipalities can act at the local level. These will be shared in local newspapers, local radio, on social media and at timiskaminghu.com. Topics include mental health, healthy built environment, climate change, oral health, anti-racism, opioids, food and income insecurity.

Residents in the district can help make health a priority: vote, support others in their community to vote and support their municipal governments in doing their part for communities where everyone can live a good life.

#### www.timiskaminghu.com

For more information

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